

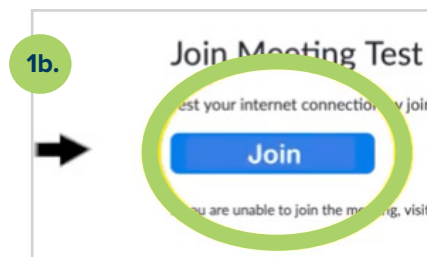
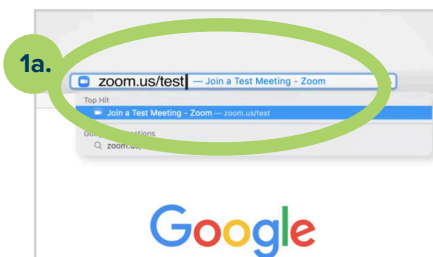
# DO VIRTUALLY ANYTHING FOR YOUR HEALTH

LiveWell

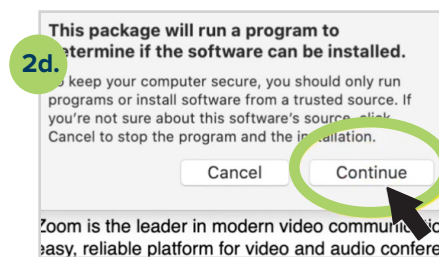
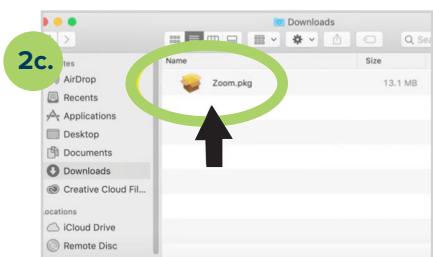
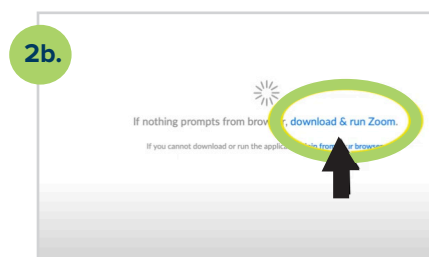
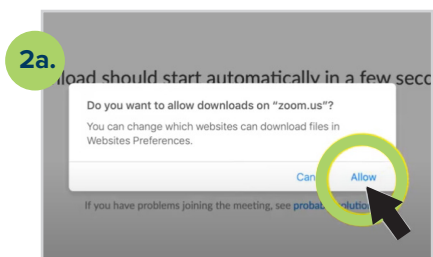
## How to install Zoom on your Mac desktop computer

To take part in a video visit with an Advocate Aurora provider, follow these simple instructions to install the Zoom app. It takes only a few minutes and you only need to do it once.

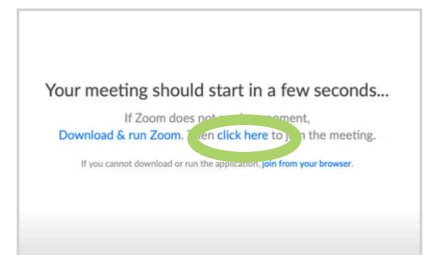
- 1 Open your web browser:
  - a. Go to **zoom.us/test**
  - b. Click **Join**.



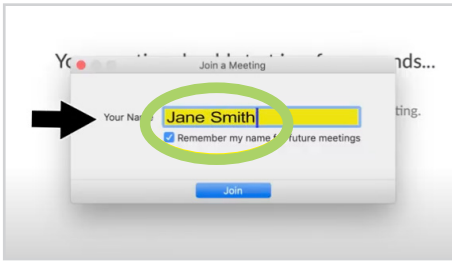
- 2 Download the Zoom app:
  - a. Click **Allow**.
  - b. Click **download & run Zoom**.
  - c. Go to your Downloads folder and click on the **Zoom.pkg** file.
  - d. When the Install Zoom window opens, click **Continue**.



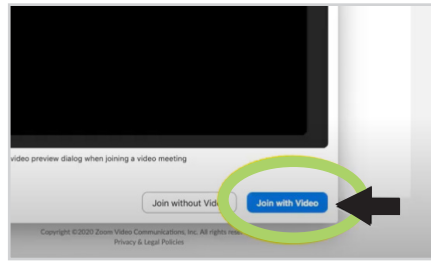
- 3 Go back to your web browser and select **click here** to join the meeting.



**4** Type in the name you'd like to use during your video visit.

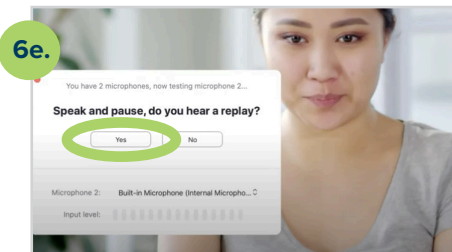
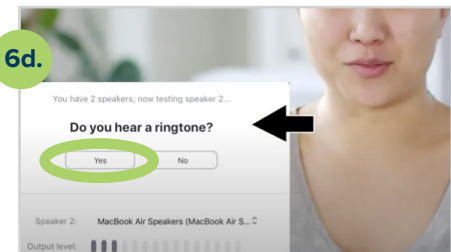
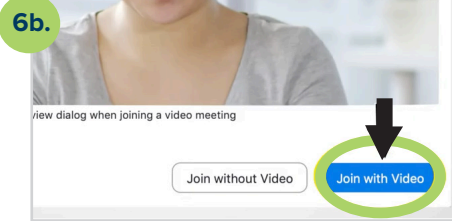
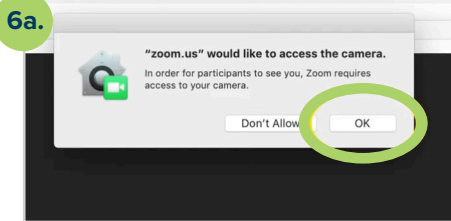


**5** Click **Join with Video**.



**6** Test your computer's video and audio:

- a. Click **OK** to allow Zoom to access your computer's camera.
- b. Click **Join with Video**. You should see yourself on the screen.
- c. Click **OK** to allow Zoom to access your microphone.
- d. Click **Yes** if you hear a ringtone. (If you don't, click **No** and Zoom will look for another speaker.)
- e. Say a few words out loud. Click **Yes** if you hear a replay. (If you don't, click **No** and Zoom will look for another microphone.)



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**Watch videos with all the instructions you need to get set up for a video visit:**

- For a **Quick Care Video Visit**: [aah.org/QuickCareInstructions](http://aah.org/QuickCareInstructions)
- For a video visit with your primary care provider, specialist or care team: [aah.org/VideoVisitInstructions](http://aah.org/VideoVisitInstructions)



Use your phone to scan the QR code to download our **LiveWell app**



LiveWell Support Team: 855-624-9366

