

ADVOCATE CHRIST MEDICAL CENTER AND ADVOCATE CHILDREN'S HOSPITAL IN OAK LAWN 2021 COMMUNITY HEALTH IMPROVEMENT PLAN

A PROGRESS REPORT ON OUR 2020-2022 IMPLEMENTATION PLANS

Every three years, Advocate Christ Medical Center (Advocate Christ) and Advocate Children's Hospital (Advocate Children's) complete a Community Health Needs Assessment (CHNA) by collecting and analyzing demographic and health data, as well as gathering input from community residents through a community health survey.

For the 2017-2019 CHNA, Advocate Christ and Advocate Children's worked with the Community Health Council (CHC) to review the significant health issues impacting the primary service area (PSA). In addition, the hospitals worked in alignment with the Cook County Department of Public Health and the Alliance For Health Equity, a public health collaboration of over 30 health and public health entities, to collectively address the health concerns affecting the community. Advocate Christ Medical and Advocate Children's Hospital is an active member of the Alliance for Health Equity's collaboration meetings.

In 2021, due to the ongoing COVID-19, the Community Health Department across Advocate Aurora Health (AAH) shifted its priorities to meet the immediate needs of the community. Advocate Aurora Health enhanced preventive services to combat the COVID-19 pandemic by increasing access to health education, Personal Protective Equipment (PPE), COVID-19 community testing and several other immediate services.

Priority: Violence Prevention

Program Outcomes for 2021



- Advocate Christ participated in the Chicago Heal Initiative (CHI) which brings together hospitals from leading health systems to address violence in targeted Chicago neighborhoods.
- The Advocate Trauma Recovery Center (TRC) provided trauma recovery services to 1,120 victims of trauma.
- The Advocate Trauma Recovery Center assisted 314 victims of violence with referrals to community support and case management services.
- Advocate Christ partnered with University of Chicago Medicine to continue implementation of the Southland RISE initiative developed to address violence in southside Chicago neighborhoods.
- The Southland RISE partnership provided \$150,000 dollars in grant funding to community based organizations to address youth violence, COVID-19 strategies and social determinants of health (SDOH) identified during the COVID-19 pandemic.

Partners Involved: Senator Dick Durbin Chicago Heal Initiative, University of Chicago Medicine, Illinois Criminal Justice Authority, Advocate Trauma Recovery Center

Priority: Mental Health



Partners Involved: Sertoma Centre, Inc., Alliance for Health Equity, Illinois Public Health Institute

Program Outcomes for 2021

- Advocate Christ partnered with the Sertoma Centre, Inc., and Faith & Health Partnerships to provide virtual programming for mental health education. Community and team member seminars were provided with topics in self-care, understanding anxiety and managing conflict. A total of 32 community participants and 14 team members were served.
- The Advocate Christ community health team also partnered with the Alliance for Health Equity to collaborate on addressing access to mental health services and programs.

Advocate Children Hospital in Oak Lawn (ACH-OL) organized a plan to implement a program to embed a Licensed Clinical Professional Counselor (LCPC) in partnering Chicago Public Schools. The program is designed to provide behavioral health services and education to students, faculty and parents.

- For the 2020-2021 school year, the program was put on pause due to COVID-19. The LCPC was redeployed to assist in the pediatric outpatient clinic in Oak Lawn and the adolescent medicine clinic in Evergreen Park.
- Discussions have resumed with Chicago Public Schools to provide services in the Auburn-Gresham neighborhood of Chicago beginning in the 2021-22 school year.

Priority: Diabetes



Partners Involved: Green Hills Public Library

Program Outcomes for 2021

The National Diabetes Prevention Program (DPP) is a Centers for Disease Control and Prevention program organized as a partnership of public and private organizations working to prevent or delay Type 2 diabetes.

- Advocate Christ achieved recognition status for the Centers for Disease Control prevention program and offered year-long diabetes education in the Advocate Christ primary service area.
- In 2021, Advocate Christ maintained its preliminary recognition status as a Centers for Disease Control and Prevention (CDC) National Diabetes Prevention Program.
- The program graduated one cohort with 19 participants.
- Due to the COVID-19 pandemic, the program was offered in a virtual platform.
- Program participants achieved an average decrease in body mass index of five percent after completing the program.

Priority: Access to Care

Working in the Community

For children and families without access to medical care, our Ronald McDonald Care Mobile (RMCM) program provides a fully equipped medical clinic on wheels that delivers free care directly to under-served, school-aged children right in their own neighborhoods.

Two RMCMs currently serve children in North and South Chicagoland. In partnership with Advocate Children's Hospital, the RMCM offers initial health screenings, sick-child visits, physicals and immunizations, primary care treatment, and referral/follow-up appointments. Patients are also screened for food security.

Program Outcomes for 2021

- Advocate Children's continues to partner with Ronald McDonald House Charities of Chicagoland and Northwest Indiana to provide access to free school physicals and immunizations for at-risk children through the Ronald McDonald Care Mobile (Care Mobile).
- Advocate Children's provides immunizations, routine checkups and screenings to the most vulnerable students in the Advocate Children's-Oak Lawn primary service area (PSA). The Care Mobile is staffed by an Advocate Children's care team that includes a nurse practitioner, medical assistant, health educator and a driver.
- The Ronald McDonald Care Mobile saw limited operations during 2021 due to school cancellations, hybrid learning and online learning models, which limited student and school access necessitated by the COVID-19 pandemic.
- In 2021, these mobile units saw 2,419 patients and provided nearly 5,000 immunizations and over 1,000 physicals. About 58% of those seen were Medicaid patients and 36% were without insurance.

Priority: Primary Care Connection



Program Outcomes for 2021

Community Health Workers-Connecting and Navigating Patients to Primary Care and Social Services

- In 2021, the Primary Care Connection (PCC) program deployed Community Health Workers (CHWs) as community resource navigators to serve patients in the emergency department (ED) at Advocate Christ.
- The purpose of the program is to reduce unnecessary ED visits and connect the patients to a primary care home and provide referrals for follow-up care needs.
- CHWs also conduct a health assessment to identify social determinants of health and link the patients to social services and community resources that contribute to the patients' overall wellbeing.
- In 2021, the program served 3,999 patients with a 90-day re-admission rate of less than two percent.

Partners Involved: FQHCs, Now-Pow, Community-based Organizations

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Accomplishments in 2021

COVID-19 Mitigation

- During the roll-out of the COVID-19 vaccinations, when supplies were limited, Advocate Christ's Community Health team worked diligently with Advocate Aurora Health's leadership team to increase access to the COVID-19 vaccine in communities with high rates of COVID-19.
- The Community Health team worked with local community based organizations (CBO) to provide a mass vaccination site in the Advocate Christ primary service area. Partners were granted a unique code to schedule their community members for their COVID-19 vaccine. Through this initiative over 12,400 individuals were vaccinated.
- Advocate Christ's Community Health team and AAH's Mobile team partnered with several community based clinics to provide free community clinics serving the people of color and minority uninsured and underinsured members. Vaccinations were provided in the Bridgeview and Back of the Yards neighborhoods that had high rates of COVID-19.



Hospital LiveWell Mobile Health Program:

The **LiveWell Mobile Health Program** is dedicated to reducing health inequities by targeting critical services to community areas with the largest gap in health outcomes.

- The program provides community-based health care services, screenings and education to adult and pediatric populations.
- The mobile unit supported the Protect Chicago At Home vaccination program with the City of Chicago. The Protect Chicago At Home program provides in-home and mobile vaccinations to the Far South Community area in Chicago.
- During 2021, the mobile health team provided over 3,729 in-home and mobile community COVID-19 vaccinations for the Chicago At Home Program.



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ADVOCATE CHRIST MEDICAL CENTER AND ADVOCATE CHILDREN'S HOSPITAL IN OAK LAWN 2022 IMPLEMENTATION PLAN UPDATES

A FORECAST INTO OUR 2022 PROGRAM PLANS

Advocate Aurora hospitals reserve the right to redirect resources to address emerging public health threats even if doing so slows the ability to implement plans for addressing key priorities selected through the CHNA process. The Advocate Aurora community health team will remain focused on community education, prevention and promoting COVID-19 vaccinations, as well as continuing to address other key issues exacerbated by the pandemic, such as food insecurity, housing and need for connecting people to vital resources in the community. In 2022, Advocate Aurora hospitals plan to reactivate community health improvement implementation plan activities whenever and wherever possible.

Community Health Initiatives

Year: 2022

Advocate Christ and Advocate Children's will continue to work with local partners to address the health priorities identified through the 2017-2019 CHNA, which are mental health, violence prevention, access to care, infant mortality and diabetes. For mental health, the hospitals will work with local agencies to implement mental health trainings and workshops for the community. Advocate Christ will continue to partner with the University of Chicago Medicine on the Southland RISE initiative which is designed to care for individuals and families on the South Side of Chicago and south suburban communities. The Advocate Trauma Recovery Center will continue its services as a health care-based violence intervention program that provides quality services and resources to survivors of intentional trauma with compassion, respect and care. The hospital is also conducting its 2022 community health needs assessment.

Centering Pregnancy

Year: 2022

Advocate Children's will work on implementing the Centering Pregnancy program at our identified clinics. The Centering materials covered in the discussion and interactive activities focus on topics ranging from nutrition, labor, breastfeeding, infant care and stress management. Our goal for implementing the Centering Pregnancy program is to yield better health outcomes and work to eliminate health disparities. Reactivation of this program will occur when COVID-19 restrictions state it is safe for small gatherings.

Addressing COVID-19 in the Community

Year: 2022

Advocate Christ and Advocate Children's will continue its partnership with the Cook County Department of Public Health in its communication efforts to address Covid-19 education in the community. The hospital will also work closely with our community partners, when it is safe to re-introduce in-person outreach activities in support of all of our programs.

We Help People Live Well.