

# ADVOCATE CONDELL MEDICAL CENTER 2021 COMMUNITY HEALTH IMPROVEMENT PLAN

## A PROGRESS REPORT ON OUR 2020-2022 IMPLEMENTATION PLANS

Every three years, Advocate Condell Medical Center (Advocate Condell) completes a Community Health Needs Assessment (CHNA) by collecting and analyzing demographic and health data, as well as gathering input from community residents through a community health survey.

For the 2017-2019 CHNA, Advocate Condell worked with its Community Health Council (CHC) to review the significant health issues impacting the medical center's primary service area (PSA) of Lake County. In addition, Advocate Condell works in alignment with the Lake County Health Department to collectively address the health concerns affecting the community. Advocate Condell's Community Health team members are active members of the Lake County Health Department's local community meetings as well.

In 2021, due to the ongoing concerns of COVID-19, the Community Health Department across Advocate Aurora Health (AAH) shifted its priorities to meet the immediate needs of the community. AAH enhanced preventive services to combat the COVID-19 pandemic by increasing access to health education, Personal Protective Equipment (PPE), COVID-19 community vaccinations and several other immediate services.

## Priority: Obesity

### Program Outcomes for 2021



**Partners Involved:** YWCA of Lake County, Round Lake Area Public Library, Mano A Mano, Avon Cares Food Pantry, Northern Illinois Food Bank, Catholic Charities in Round Lake

- Since 2019, Advocate Condell and local partners have been working together to address food insecurity in the Round Lake area through the implementation of a Rx Mobile Food Pantry.
- The mobile food pantry in Round Lake served 5,150 families and 19,951 household members. In December, the mobile pantry transitioned into an Rx Market at Catholic Charities in Round Lake. This new location will offer long-term sustainability and greater access to healthier food during the week. As an established Rx Market, Catholic Charities will receive healthier food options and can continue to serve food insecure residents of Round Lake.
- From July 2019 to December 2021, the Advocate Condell's Rx Mobile Food Pantry program served 12,043 families and 46,036 household members. Over the course of two and one-half years, 650,000 pounds of food were distributed in the area of Round Lake. The program served all residents in need of food.
- The COVID-19 Food Resource Guide was updated and published to the community to reflect the current food access points in Lake County, including food pantries, soup kitchens and Meals on Wheels programs.
- Due to COVID-19, the Mundelein Park District did not operate the GO Mundelein walking program in 2021.

## Priority: Substance Use

### Program Outcomes for 2021



**Partners Involved:** Gateway Foundation, Lake County Health Department, Round Lake Area School District 116.

- In partnership with Advocate Good Shepherd Hospital, Advocate Condell supported the launch of a Mental Health and Substance Abuse Parent University for Hispanic parents in the Round Lake Area School District 116. The 10-month program offered a wide-range of resources and education to a cohort of 120 Spanish-speaking parents. The program goal is to educate adults on how to identify signs of mental health and substance use among youth. In addition, the program aims to break the stigma of behavioral health in the Hispanic community. At the end of the program, a graduation ceremony is planned for June of 2022.
- The Warm Handoff Program is a partnership with Gateway Foundation, an addictions treatment provider. A Gateway engagement specialist meets with a patient in the Advocate Condell Emergency Department (ED) being treated for substance use-related health issues. The engagement specialist screens and links the patient into addiction treatment. Additionally, a recovery coach on the Gateway Foundation team provides community support to patients as they transition into treatment. In 2021, Gateway Foundation completed 166 patient encounters and 59% of those patients were successfully placed in treatment.

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### Accomplishments in 2021

#### Community Health Worker Program

- The Advocate Condell Community Health Worker (CHW) program addresses health disparities in the community, assists with health care navigation by linking patients to a primary care home and educates patients on other options for care besides the emergency department (ED). Contacting patients both in the Advocate Condell ED and telephonically, in 2021, the CHW engaged 442 individuals and provided 929 community referrals for support services. The Advocate Condell CHW program is supported by a grant from the Healthcare Foundation of Northern Lake County.
- Forty-four percent of patients received referrals to a primary care provider, 28 percent screened positive for food insecurity and 16 percent were referred for health insurance support. Top reasons for their visit were acute pain (abdominal, back), fever and headache. Only 4.5 percent of patients seen by the CHW returned to the ED in 30 days, and only 2 percent returned in 90 days.



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### Accomplishments in 2021

#### COVID-19 Prevention & Mitigation

- In response to the COVID-19 pandemic, Advocate Condell community health, community relations and congregational health staff joined forces to increase access to COVID-19 vaccinations for vulnerable communities. Early in the pandemic, Hispanic residents in Lake County experienced infection rates six times higher than the White population. In 2021, Advocate Condell administered 51 COVID-19 vaccinations in Mundelein, in collaboration with the Santa Maria del Popolo church, providing services and educational materials in Spanish. The AAH Ronald McDonald Care Mobile clinical team provided the vaccinations.
- In Round Lake, 241 individuals were scheduled for vaccinations at AAH sites, in partnership with Mano a Mano Family Resource Center. Free masks and educational resources about COVID-19 prevention and vaccinations were also provided to community residents.



#### Stories from the Community:

In early 2021, Advocate Condell community health staff received a call from a concerned daughter on one of the Rx Mobile pantry distribution days. She asked if her recently widowed mother could receive food from the mobile pantry. Unfortunately the daughter could not pick up the food and the elderly woman was unable to drive. On that same day, one of the mobile pantry volunteers delivered food to the mother's home and enrolled her in the delivery program for the remainder of the year.

Throughout 2021, Advocate Condell was able to deliver food to more than 20 individuals bi-weekly, through the generosity of individual volunteers and agency partners.

#### Hospital Programs

**Advocate Trauma Recovery Center:** The north region Trauma Recovery Center (TRC), located in Gurnee, provides services for survivors of intentional trauma. A multi-disciplinary team of specialists provides case management, individual and group therapy and medication management. In 2021, the north TRC provided care to 162 patients.

**Sexual Assault Nurse Examiner (SANE):** Advocate Condell has onsite registered nurses who are SANE-certified and can provide comprehensive health care to survivors of sexual assault. In 2021, 82 patients were seen by SANE nurses.

**Penwasciz Program:** Advocate Condell provides an early opportunity for high school junior and senior students to learn about health careers through its Penwasciz program. The program was paused in 2021 due to the pandemic.

**Risk Watch:** The medical center Trauma Department provides safety awareness and education to local schools through the Risk Watch program. In 2021, the team served 550 Libertyville elementary

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# ADVOCATE CONDELL MEDICAL CENTER IMPLEMENTATION PLAN UPDATES

## A FORECAST INTO OUR 2022 PROGRAM PLANS

AAH hospitals reserve the right to redirect resources to address emerging public health threats even if doing so slows the ability to implement plans for addressing key priorities selected through the CHNA process. The AAH community health team will remain focused on community education, prevention and promoting COVID-19 vaccinations, as well as continuing to address other key issues exacerbated by the pandemic, such as food insecurity, housing and need for connecting people to vital resources in the community. In 2022, AAH hospitals plan to reactivate community health improvement implementation plan activities whenever and wherever possible.

### Community Health Initiatives

**Year: 2022**

Advocate Condell will continue to work with local partners to address obesity in Lake County by focusing on increasing food security. Advocate Condell is planning to launch a new Rx Mobile Food Pantry in the Lake Villa area in 2022. Additionally, the community health team will explore opportunities for internal hospital departments to implement food insecurity screening. The medical center will also begin planning for an on-site community garden. For substance use, Advocate Condell will continue supporting the Round Lake Area School District 116 Parent University. Community education initiatives will be developed focused on preventing youth from vaping, using marijuana and alcohol; new collaborations with LEAD and MADD Illinois are also being planned. The partnership with Gateway Foundation for the Warm Handoff program will continue in 2022. Finally, the Advocate Condell CHW program will also continue in 2022, focusing on increasing access to primary care.

### Trauma Informed Care

**Year: 2022**

Advocate Condell's Trauma Recovery Center will continue to offer quality services and resources for survivors of intentional trauma in 2022. Services will include outpatient clinical assessment, case management, individual and group therapy, medication management, support groups, and safety and self-care guidance. In 2022, the program will work to increase the number of patients served, by collaborating with more internal hospital departments and external community partners.

### Addressing COVID-19 in the Community

**Year: 2022**

Advocate Condell will continue to work closely with community partners and the Lake County Health Department to educate on COVID-19 prevention and promote access to COVID-19 vaccinations, particularly focusing on the most vulnerable communities within the service area.

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