

ADVOCATE GOOD SHEPHERD HOSPITAL 2021 COMMUNITY HEALTH IMPROVEMENT PLAN

A PROGRESS REPORT ON OUR 2020-2022 IMPLEMENTATION PLANS

Every three years, Advocate Good Shepherd Hospital (Advocate Good Shepherd) completes a Community Health Needs Assessment (CHNA) by collecting and analyzing demographic and health data, as well as gathering input from community residents through a community health survey.

For the 2017-2019 CHNA, Advocate Good Shepherd worked with the Community Health Council (CHC) to review the significant health issues impacting the primary service area (PSA). In addition, Advocate Good Shepherd works in alignment with the McHenry County Health Department and Lake County Health Department.

In 2021, due to the ongoing COVID pandemic, the Community Health Department across Advocate Aurora Health (AAH) shifted its priorities to meet the immediate needs of the community. Advocate Aurora Health enhanced preventive services to combat the COVID-19 pandemic by increasing access to health education, Personal Protective Equipment (PPE), COVID-19 community vaccinations and several other immediate services.

Priority: Obesity

Program Outcomes for 2021

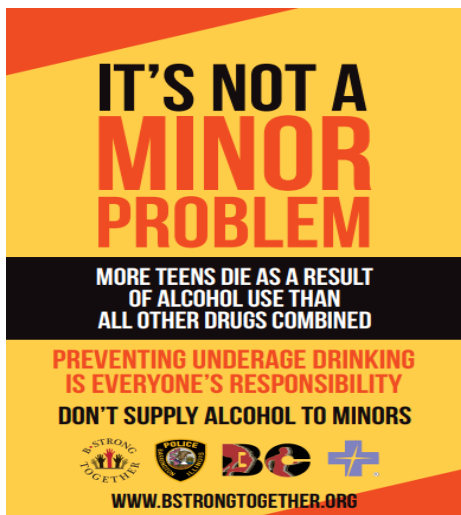


Partners Involved: Wauconda Park District, McHenry County Health Department, Northern Illinois Food Bank, Lake County Health Department, local senior service agencies, Crystal Lake Food Pantry.

- The Advocate Good Shepherd's community health and community relations team collaborated to develop a food and gift certificate drive to assist the local food pantries by donating gift cards to local restaurants. Through the program 798 food items, 379 personal hygiene items and \$1,438 in certificates and gift cards were raised. All proceeds were donated to the Crystal Lake Food Pantry to help area residents.
- The Advocate Good Shepherd COVID-19 Food Resource Guide was updated to reflect new policies and procedures for local food pantries and food resources in the service area. The guide also provided updated information on contactless curbside pick-up and registration procedures. The resource guide was widely distributed throughout the community and to all partner agencies.
- Advocate Good Shepherd continued to support the Wauconda Park District to implement the GO Wauconda walking program. The Wauconda Park District practiced social distancing during the walks, which were held twice per week.

Priority: Substance Use

Program Outcomes for 2021



Partners Involved: Gateway Foundation, Wauconda Choose Your Own Path, McHenry County Substance Abuse Coalition, BStrong Together, Barrington Police Department, Wauconda Police Department

- Advocate Good Shepherd collaborated with BStrong Together and the Barrington Police Department to implement the community-wide Sticker Shock campaign. This is a national campaign to educate the community on underage drinking and social hosting. An advisory student group from Barrington High School designed the stickers and bottle hangers and distributed them to local establishments in the Barrington area. Over 500 stickers and bottle hangers were placed in the community to raise awareness.
- In April, the hospital hosted an educational panel titled, *The Consequences of Underage Drinking*, in partnership with the Wauconda Police Department, Gateway Foundation and the McHenry County Substance Abuse Coalition. The panel presentation was recorded on Zoom and has been viewed on YouTube over 110 times.
- Advocate Good Shepherd partnered with BStrong Together to host a second virtual event for parents and educators about the dangers of fentanyl. The event was recorded and sent out to 26 organizations and was viewed over 150 times. Advocate Good Shepherd's Emergency Department Chair and Medical Director, Dr. Robert Romolo, served as a panelist for the event.

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Accomplishments in 2021

Preparation for the Barrington Community Study

- Advocate Good Shepherd's community health team worked with members of the Healthier Barrington Coalition and the UIC-Rockford Division of Health Research and Evaluation to prepare for the 2022 Barrington Area Study. This included gathering demographics data and beginning the design of the community survey and focus groups.
- The survey helps organizations in the Barrington area understand residents' perspectives on community living, what is valued most and potential areas for improvement. It has been conducted every three years since 1996. The survey evaluates community characteristics, overall health, economic conditions, needs of youth and the environment.



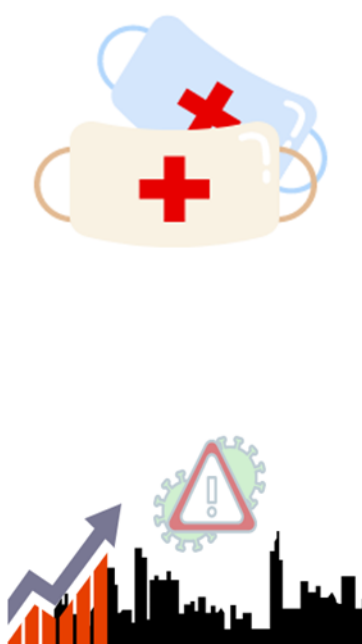
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Accomplishments in 2021

COVID-19 Prevention & Mitigation

- Advocate Good Shepherd hosted COVID-19 vaccine clinics onsite at the hospital throughout 2021 and administered over 26,800 doses of the vaccine.
- The hospital donated \$5,000 to Family Health Partnership in Crystal Lake for Personal Protective Equipment (PPE) and patient care services. Family Health Partnership is a community clinic that provides health services for underserved residents of McHenry County.
- Advocate Good Shepherd administered over 200 COVID-19 and flu vaccinations at community-based events. Additionally, more than 250 COVID-19 vaccine appointments were made through community events held with partner social support and faith organizations.



Stories from the Community

Community partners like Gateway Foundation help Advocate Good Shepherd provide lifesaving services to those struggling with addiction. The Warm Handoff program links patients in the hospital to addiction recovery services. A Gateway-employed engagement specialist assesses patients in the hospital ED who are being seen for medical issues related to substance use. A Gateway manager shared, "We recently connected a Good Shepherd patient to treatment, but he was terrified to go home and gather clothing needed for the inpatient treatment. He did not have anyone to help him and was afraid that he would drink if he went home alone." Gateway staff drove the patient home, helped him gather his things and drove him to treatment. The patient recently shared that he is now in a recovery home and continues to do well.

Hospital Programs:

Hispanic Breast Care Center: The goal of the Advocate Good Shepherd Hispanic Breast Care Center is to increase awareness and education of breast care and breast cancer prevention in Hispanic communities. A Hispanic Health Navigator also assists women with appointments for screening and cancer treatment at the hospital. In 2021, the Hispanic Breast Care Center provided 1,143 services to women including mammograms, ultrasounds and screenings; this was a 34 percent increase from the previous year.

Housing Assistance for Homeless: In partnership with Pioneer Center, Advocate Good Shepherd developed a program to provide temporary housing for homeless individuals who test positive for COVID-19 and others who are not able to be served at local shelters. Funding from the hospital helped support 78 instances of temporary housing in a hotel. The program supported individuals in quarantine, emergency shelter during extreme weather, victims of domestic violence, those needing immediate shelter in crisis situations such as evictions, and supported those awaiting an opening for a permanent living situation.

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ADVOCATE GOOD SHEPHERD HOSPITAL IMPLEMENTATION PLAN UPDATES

A FORECAST INTO OUR 2022 PROGRAM PLANS

AAH hospitals reserve the right to redirect resources to address emerging public health threats even if doing so slows the ability to implement plans for addressing key priorities selected through the CHNA process. The AAH community health team will remain focused on community education, prevention and promoting COVID-19 vaccinations, as well as continuing to address other key issues exacerbated by the pandemic, such as food insecurity, housing and need for connecting people to vital resources in the community. In 2022, AAH hospitals plan to reactivate community health improvement implementation plan activities whenever and wherever possible.

Community Health Initiatives

Year: 2022

In 2022, Advocate Good Shepherd will continue community health initiatives to address obesity and substance use. Food insecurity screenings will be restarted with community partner agencies, including McHenry County senior service agencies. Additionally, the community health team will seek opportunities for internal hospital departments to implement food insecurity screening. The hospital will also explore ways to collaborate with Smart Farm to increase access to fresh produce for area food insecure residents. The hospital will continue support for the Wauconda Park District GO Wauconda walking program. Community education initiatives focused on youth substance use prevention will be coordinated with the Wauconda We Choose Health and McHenry County Substance Abuse Coalition. The focus will be on preventing youth from vaping, using marijuana and alcohol. New collaborations with LEAD and MADD Illinois are also being planned. The partnership with Gateway Foundation will continue in 2022 for the Warm Handoff program linking patients to addiction treatment.

Healthier Barrington Coalition Study

Year: 2022

Advocate Good Shepherd will implement the next cycle of the Barrington area study in 2022, in collaboration with the Healthier Barrington Coalition. This comprehensive study will be conducted every five years, as oppose to every three years, and it will continue to include a review of demographic changes, a community survey and focus groups. The hospital community health team will work in collaboration with coalition members to design the survey and focus groups. One goal of the study will be to identify the impact of COVID-19 on the health of community residents, non-profit organizations and businesses. The study will help organizations in the Barrington area understand how the community is living, what is valued most and potential areas for improvement. It has been conducted since 1996.

COVID-19 in the Community

Year: 2022

Advocate Good Shepherd will continue to work closely with community partners and the McHenry County Health Department to educate on COVID-19 prevention and promote access to COVID-19 vaccinations, particularly focusing on the most vulnerable communities within the service area.

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