

Upper Extremity Conditions Treated

- Arthritis
- Carpal tunnel & other nerve entrapments
- Crush injuries
- Cumulative Trauma Disorder/Repetitive Motion Syndrome
- DeQuervain's tenosynovitis
- Dislocations
- Dupuytren's contracture
- Fractures
- Joint replacement
- Lateral epicondylitis (Tennis Elbow)
- Medial epicondylitis (Golfer's Elbow)
- Neurologic impairments
- Post surgical swelling
- Reflex Sympathetic Dystrophy/Complex Regional Pain Syndrome
- Sports injuries
- Stiff hand syndrome
- Tendon lacerations/Tendon injuries
- Traumatic injuries

In Brief

- Early and late hours:
7:30 a.m. to 8 p.m. at select facilities.
- Medicare approved
- Provider for many HMOs and PPOs
- One-on-one treatment
- Quality and personalized treatment
- Experienced licensed therapists
- Free and convenient parking

The clinic, located at the Health and Wellness Center has onsite fee based child care available.

For information/appointment at any of our locations see below.



**Occupational Therapy
Health & Wellness Center**
3551 Highland Avenue
Downers Grove, IL 60515
Phone: 630-275-2600
Fax: 630-275-2698

**Advocate Good Samaritan
Outpatient Center**
6840 South Main Street
Downers Grove, IL 60516
Main phone: 630-275-6840
For appointments call:
630-275-APPT (2778)

**Advocate Professional Building
Lemont Physical Therapy/Occupational Therapy**
15900 W. 127th Street
Lemont, IL 60439
Phone: 630-243-7100
Fax: 630-243-7381



Occupational Therapy

Hand and Upper Extremity Clinic





What is Occupational Therapy?

Occupational Therapy is skilled treatment that helps individuals achieve independence in all facets of their lives. Occupational Therapy assists people in developing the “skills for the job of living” necessary for independent and satisfying lives. Services typically include:

- Customized treatment programs to improve one’s ability to perform daily activities.
- Customized splint fabrication.
- Performance skills assessments and treatment.
- Adaptive equipment recommendations and usage training.
- Guidance to family members and caregivers.
- Recommendations for job site and home adaptations.

Hand and Upper Extremity

The Hand and Upper Extremity Program provides comprehensive and coordinated rehabilitation for patients with any type of upper extremity injury. The program addresses injuries and conditions of the hand, wrist, and elbow.

The licensed therapist works closely with the patient and physician to facilitate recovery and allow the patient to regain previous abilities and independence.

The patient plays a valuable role in developing goals and the personal home program.

Patient Comments

“Thank you for working with me and getting my hand back to normal. Now I know how important an O.T. is.”

“My therapist not only treated my arms, but she took the time to treat my **human spirit.**”

“I enjoyed each and every day with you both physically and mentally.”

“My therapist has brought me from an enormously swollen hand with almost no movement to a useful hand and fingers that move more than I ever **dreamed possible.**”

